

WEST COAST RETINA MEDICAL GROUP, INC.

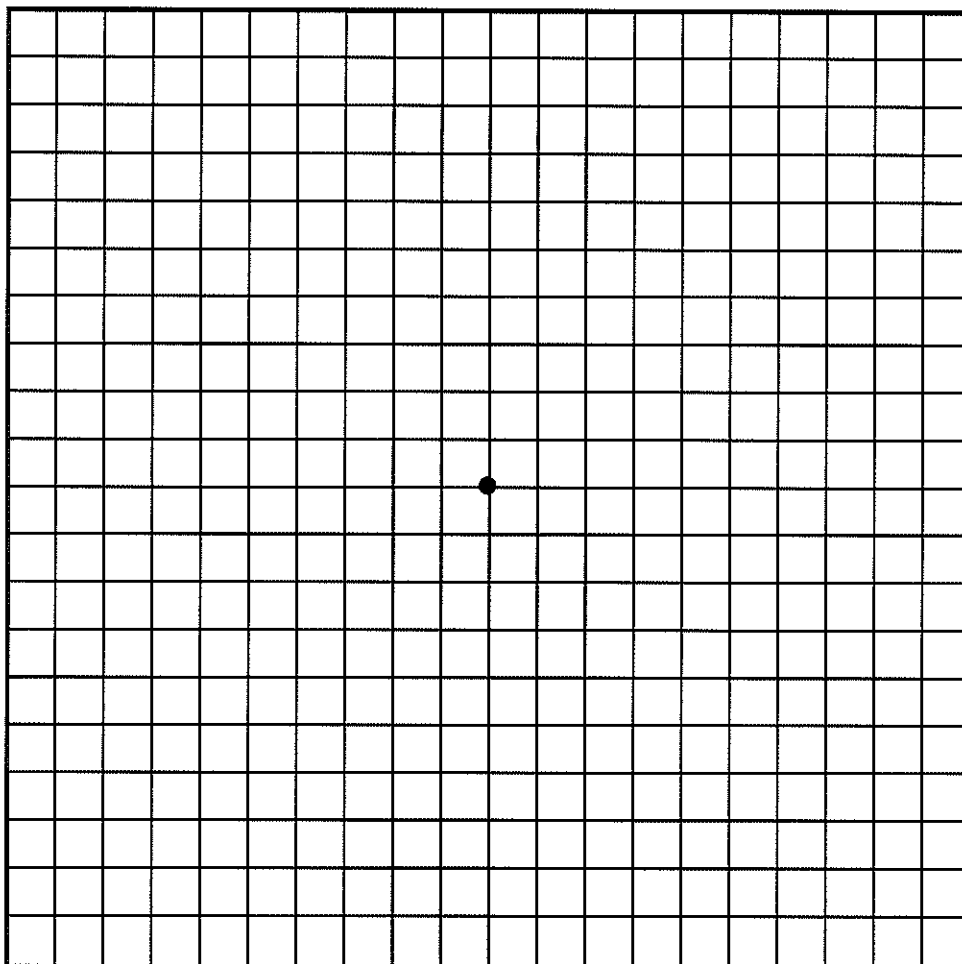
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Name _____

The Amsler Grid

Use the Amsler Grid to test your vision each day.

1. Cover the opposite eye.
2. Look at the center dot and keep your vision on the center at all times.
3. While looking directly at the center and only the center, be sure that all the lines are straight and all the small squares are the same size.
4. If you should notice any area on the Grid that becomes distorted, blurred, discolored or otherwise abnormal, please call us right away.
5. Wear your reading glasses while doing this test.
6. Be sure to test the other eye in the same manner.



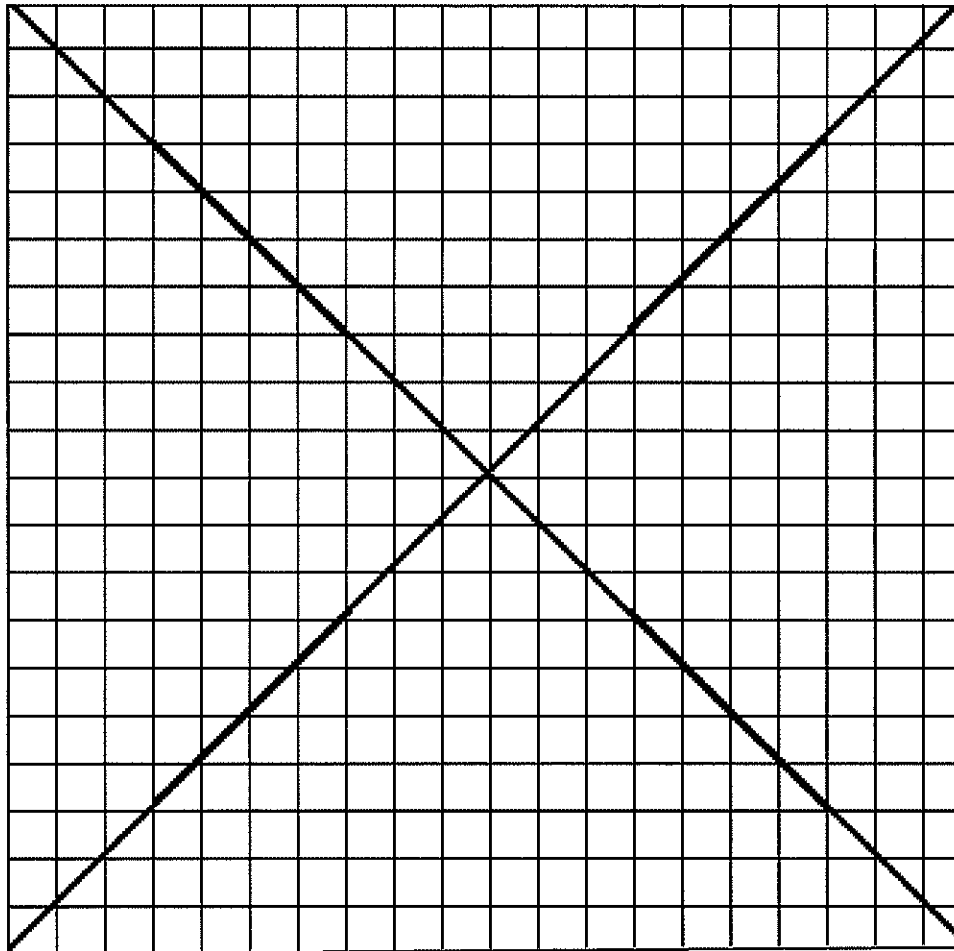
1445 Bush Street San Francisco, CA 94109-5520, (415) 972-4600 • Fax (415) 975-0999
400 - 30th Street, Suite 402 Oakland, CA 94609, (510) 268-8277
101 South San Mateo Drive, Suite 306, San Mateo, CA 94401, (650) 342-7137
1981 North Broadway, Suite 265, Walnut Creek, CA 94596, (925) 295-1727
100 Tamal Plaza, Suite 120, Corte Madera, CA 94925, (415) 927-6600

Name _____

The Amsler Grid Recording Chart

Use the Amsler Grid recording chart to test your vision each day.

1. Wear your reading glasses.
2. Cover the opposite eye.
3. Look at the center dot (the center of the crossing "X") and keep your vision on the center at all times.
4. While looking directly at the center and only the center, draw the area of abnormality.
5. Use a different colored pencil for each day of the week. Change the test sheet each week. At the bottom of the sheet write the date of each test with the same colored pencil for that day. In other words, each Amsler sheet of paper will represent tests done every day for one week.
6. When you return here, please bring your Amsler tests.
7. If you see that the area of abnormality is getting bigger or changes - please call right away.



Day: Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Date:

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